

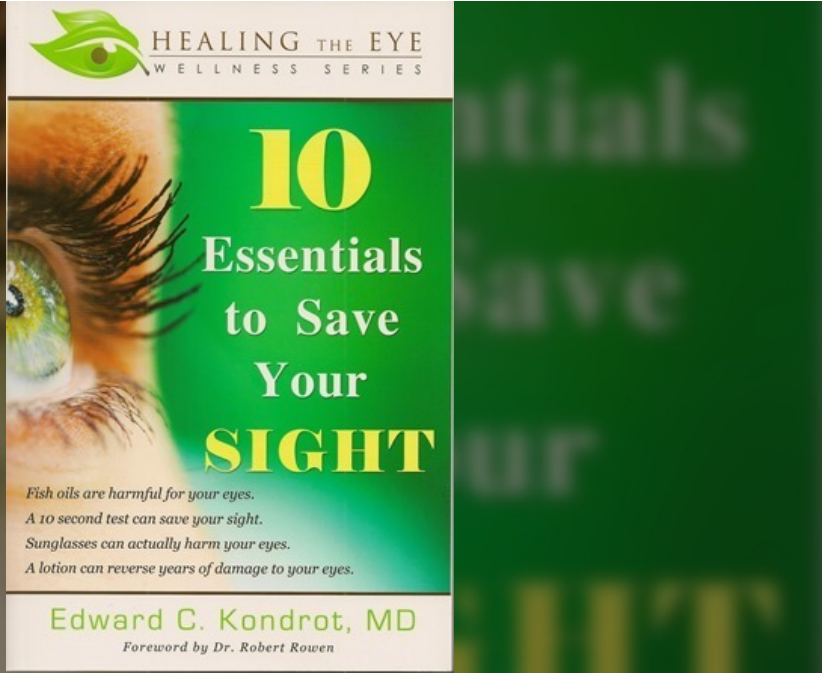


CNN iReport

SIGN UP | LOG IN

Main | Explore | Assignments | Profile | Awards | Upload

NOT VETTED BY CNN



+1 | Tweet | Share | Favorite

8 VIEWS | 0 RECOMMENDS | 0 SHARES

About this iReport

- Not vetted for CNN



Posted 22 hours ago by **AubreyDavis** | Follow

More from AubreyDavis

- [Tips for Protecting Pets During the Hot Summer Months](#)
- [Bernard R. Wolfe Named in Top 400 Financial Advisors in America](#)
- [Bernard R. Wolfe Named in Top 400 Financial Advisors in America](#)
- [5 Tips for Guilt-Free Spending](#)
- [Hurricane Sandy Victim Ready for a New Home after 6 Months of Quarantine](#)

ADVERTISEMENT

More iReports you should see



We won!
By erikolsen



Artist cast votes against the gun culture and...
By michaelmurph

10 Years in the Making, Book Helps People Overcome Vision Problems

By AubreyDavis | Posted 22 hours ago

Recommend | Be the first of your friends to recommend this.

According to the Centers for Disease Control and Prevention, 61 million adults in the United States are currently at risk for serious vision loss. While it is a serious issue, millions of people don't know what to do and what not to do, or do not realize that they are the ones at risk for vision loss. The answers to these issues, and more, are all being offered in one book that was ten years in the making and is founded on a vast amount of research.

"It took me a decade to pen this book because there was so much work and analysis that needed to be done in order to get it right," explains Dr. Edward Kondrot, founder of the Healing The Eye & Wellness Center. "I wanted to make sure that this would be the best possible book out there for offering information on vision health to the public. And I think I have achieved that goal."

The book, titled "10 Essentials to Save Your Sight" (Advantage Media Group,



Ridiculous Obstacle Challenge
By ChrisMorrow



Veteran race in the Czech Republic
By Cysnews



80 year-old Student Proves Age is no Limit
By ido8all

July 2012), offers crucial information about what people can do to help save their sight. This groundbreaking look at vision is revolutionary and takes a homeopathic and alternative approach to maintaining eye health. No stranger to revolutionary ideas, Dr. Kondrot is the only board-certified ophthalmologist and board-certified homeopathic physician in the world, and is president of the Arizona Homeopathic and Integrative Medical Association.

His therapies, known as the "Kondrot Program," draw people from around the world who are seeking to restore their vision. The programs are aimed at helping those with macular degeneration, glaucoma, cataracts, and dry eye, among other conditions. The book offers a look at some of the essential information that people need in order to help save their sight, including addressing such questions as:

- Whether or not fish oils are harmful to the eyes.
- How a 10-second test can help save your sight.
- Why sunglasses can actually harm the eyes.
- How a lotion can reverse years of damage to the eyes.

Whether one already has sight problems or not, the information in the book can help lead them to vision restoration, as well as helping to avoid any vision loss.

"Really anyone who has eyes should be reading this book," adds Dr. Kondrot. "The information is crucial in being able to maintain good eye health now, and as people age. The information in this book is invaluable, especially to the 61 million currently facing serious vision loss."

The Healing The Eye & Wellness Center sits on 50 acres of land and features a 14,000-square-foot state-of-the art complex, an organic ranch, jogging trails, swimming pool, hot tub, and more. For more information on the book, visit the site at www.healingtheeye.com.

TAGS: health, wellness, books, eye

What do you think of this story?

Select one of the options below. Your feedback will help tell CNN producers what to do with this iReport. If you'd like, you can explain your choice in the comments below.

This belongs on CNN.

Close, but needs some work.

This is inappropriate.

Comments (0)

[Log in to comment](#)

iReport welcomes a lively discussion, so comments on iReports are not pre-screened before they post. See the [iReport community guidelines](#) for details about content that is not welcome on iReport.

No comments yet.

iReport 101

- [About | Blog](#)
- [Community Guidelines](#)
- [Meet the Team](#)
- [Terms of Use](#)

We are Everywhere

- [Facebook](#)
- [Twitter](#)
- [Tumblr](#)
- [Flickr](#)

Get Help

- [StoryTelling Toolkit](#)
- [FAQs](#)
- [Contact Us](#)
- [Advertising Contacts](#)


Tools

- [How to post iReports](#)
- [CNN Mobile apps](#)

SEARCH

POWERED BY Google

[Home](#) | [Video](#) | [CNN Trends](#) | [U.S.](#) | [World](#) | [Politics](#) | [Justice](#) | [Entertainment](#) | [Tech](#) | [Health](#) | [Living](#) | [Travel](#) | [Opinion](#) | [iReport](#) | [Money](#) | [Sports](#)
[Tools & widgets](#) | [RSS](#) | [Podcasts](#) | [Blogs](#) | [CNN mobile](#) | [My profile](#) | [E-mail alerts](#) | [CNN shop](#) | [Site map](#)

CNN © 2013 Cable News Network. Turner Broadcasting System, Inc. All Rights Reserved.
[Terms of service](#) | [Privacy guidelines](#) | [Ad choices](#)  | [Advertise with us](#) | [About us](#) | [Contact us](#) | [Work for us](#) | [Help](#)

[CNN en ESPAÑOL](#) | [CNN México](#) | [CNN Chile](#) | [CNN Expansión](#)
[العربية](#) | [日本語](#) | [Türkçe](#)
[CNN TV](#) | [HLN](#) | [Transcripts](#)